



## ST. FRANCIS XAVIER

Parish & School

### PRAYERS TO MEMORIZE //

#### **Kindergarten--**

The Sign of the Cross

#### **1<sup>st</sup> Grade --**

Our Father

Hail Mary

Mealtime prayer

#### **2<sup>nd</sup> Grade --**

Glory Be

Act of Contrition

Guardian Angel prayer

#### **3<sup>rd</sup> Grade --**

Apostles Creed

Hail Holy Queen

Joyful Mysteries of the Rosary

#### **4<sup>th</sup> Grade--**

Morning Offering

Luminous Mysteries of the Rosary

#### **5<sup>th</sup> Grade --**

St. Michael prayer

Sorrowful Mysteries of the Rosary

#### **6<sup>th</sup> Grade --**

Memorare

Glorious Mysteries of the Rosary

#### **7<sup>th</sup> Grade --** Chaplet of Divine

Mercy

#### **8<sup>th</sup> Grade --** everything previous

#### **High School --**

The Angelus

Oraciones

\*If your child does not know the prayers for the grade, start working on the first unknown prayer.

**THE SIGN OF THE CROSS**//In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

(The Sign of the Cross is the most basic Catholic prayer, though we don't often think of it that way. We should teach our children to say it with reverence before and after their other prayers.)

**OUR FATHER** // Our Father, Who art in Heaven, hallowed be Thy Name. Thy Kingdom come, Thy will be done, on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

**HAIL MARY** // Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

**MEALTIME PRAYER** // Bless us, O Lord, and these Thy gifts which we are about to receive from Thy bounty, through Christ our Lord. Amen.

(Instilling a sense of gratitude in our children can be especially hard in a world where many of us have an overabundance of goods. Grace Before Meals is a good way to remind them (and ourselves!) that everything we have comes ultimately from God.)

**GLORY BE** // Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

**ACT OF CONTRITION** // Oh my God, I am heartily sorry for having offended Thee. And I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all love. I firmly resolve with the help of Thy grace to sin no more, and to avoid the near occasions of sin. Amen.

**GUARDIAN ANGEL PRAYER**// Angel of God, my Guardian dear, to whom God's love commits me here, ever this day (or night) be at my side, to light and guard, to rule and guide. Amen.

**APOSTLES CREED** // I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under

Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

**HAIL HOLY QUEEN //** Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O clement, O loving, O sweet Virgin Mary! Pray for us, O most Holy Mother of God, that we may be made worthy of the promises of Christ.

**MORNING OFFERING //** O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys and sufferings of this day for all the intentions of your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation for sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month. Amen.

**ST. MICHAEL PRAYER //** St. Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all evil spirits, who prowl about the world seeking the ruin of souls. Amen.

**MEMORARE //** Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to Thy protection, implored thy help, or sought thine intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

#### **THE MYSTERIES OF THE ROSARY //**

**JOYFUL //** 1) The Annunciation 2) The Visitation of Mary to Elizabeth 3) The Nativity of our Lord 4) The Presentation of Jesus in the Temple 5) The Finding of Jesus in the Temple

**LUMINOUS //** 1) The Baptism of Jesus in the Jordan 2) The Wedding at Cana 3) The Proclamation of the Kingdom of God and the Call to Conversion 4) The Transfiguration 5) The Institution of the Eucharist at the Last Supper

**SORROWFUL //** 1) The Agony in the Garden 2) The Scourging at the Pillar 3) Jesus is Crowned with Thorns 4) Jesus Carries the Cross 5) The Crucifixion of our Lord

**GLORIOUS //** 1) The Resurrection of Jesus from the Dead 2) The Ascension of Jesus into Heaven 3) The Descent of the Holy Spirit at Pentecost 4) The Assumption of Mary into Heaven 5) The Crowning of Mary as Queen of Heaven and Earth

#### **THE CHAPLET OF DIVINE MERCY //**

*Optional Opening Prayers:*

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

*(Repeat 3 times)* O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You!

*Our Father, Hail Mary and the Apostle's Creed*

*On each "Our Father" bead of the rosary, pray:*

Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

*On each of the 10 "Hail Mary" beads, pray:*

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

*Concluding prayer (Repeat 3 times):*

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

*Optional Closing Prayer:*

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

#### **THE ANGELUS //**

V. The Angel of the lord declared unto Mary,  
R. And she conceived of the Holy Spirit.

Hail Mary...

V. Behold the handmaid of the Lord.

R. Be it done unto me according to Thy word.

Hail Mary...

V. And the Word was made flesh,

R. And dwelt among us.

Hail Mary...

V. Pray for us, O Holy Mother of God,

R. That we may be made worthy of the promises of Christ.

Let us pray: Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord. Amen.

## ORACIONES//

### Senal de la Cruz//

En el nombre del Padre, y del Hijo, y del Espíritu Santo. Amen.

### El Padre Nuestro//

Padre nuestro, que estás en el cielo.

Santificado sea tu nombre.

Venga tu reino.

Hágase tu voluntad

en la tierra como en el cielo.

Danos hoy nuestro pan de cada día.

Perdona nuestras ofensas,

como también nosotros perdonamos

a los que nos ofenden.

No nos dejes caer en tentación

y líbranos del mal.

Amen.

### Ave Maria//

Dios te salve, María. Llena eres de gracia:

El Señor es contigo.

Bendita tú eres entre todas las mujeres.

Y bendito es el fruto de tu vientre: Jesús.

Santa María, Madre de Dios,

ruega por nosotros pecadores,

ahora y en la hora de nuestra muerte.

Amen.

### Gloría//

Gloria al Padre,

al Hijo y al Espíritu Santo.

Como era en el principio,

ahora y siempre,

por los siglos de los siglos.

Amen.

### Ángel de la Guarda//

Ángel de la Guarda, dulce compañía, no me desampares ni de noche ni de día. No me dejes solo que me perdería. Ni vivir, ni morir en pecado mortal.

Jesús en la vida, Jesús en la muerte, Jesús para

siempre.

Amén.

### Oracion del penitente//

Dios mio, me arrepiento de todo corazón

de todo lo malo que he hecho

y de todo lo bueno que he dejado de hacer,

porque pecando te he ofendido a ti,

que eres el sumo bien

y digno de ser amado sobre todas las cosas.

Propongo firmemente, con tu gracia,

cumplir la penitencia,

no volver a pecar

y evitar las ocasiones de pecado.

Perdóname, Señor, por los meritos

De la pasion de nuestro Salvador Jesucristo.

Amen.