

The Sacrament of Reconciliation

RECEPTION OF THE PENITENT

Priest: In the name of the Father, and of the Son, and of the Holy Spirit.

Penitent: Amen.

Priest: May God, who has enlightened every heart, help you to know your sins and trust in his mercy.

Penitent: Amen.

READING OF THE WORD OF GOD (OPTIONAL)

Priest: Let us listen to the Lord as he speaks to us through the Scriptures.

CONFESSION OF SINS AND ACCEPTANCE OF SATISFACTION

Priest: How long since your last confession?

Penitent: (*Mention the amount of time since you last confessed.*)

Priest: What are your sins?

Penitent: (*Confess your sins.*)

Priest: For your penance, please...
Now, please say your Act of Contrition.

**Penitent: Lord God, I love you above all things.
In your goodness have mercy on me:
do not look on my sins,
but take away all my guilt.
Create in me a clean heart
and renew within me an upright spirit.**

Priest: (*Prays the prayer of absolution.*)

Penitent: Amen.

Priest: The Lord has freed you from your sins.
Go in peace.

Penitent: Thanks be to God.